

# Bexley Carers Partnership Meeting notes 22<sup>nd</sup> May 2025.

For sharing. Full minutes will be circulated to members also.

## We discussed



**Carers' Corners:** launching in 2 libraries, with quarterly themes agreed. We will discuss launching across the borough at the nx meeting.

**Free Carers' Wellbeing programme:** this has launched with a range of sessions (first aid, meditation, Chair Pilates, moving and handling)

We discussed **parent carer assessments**, with a helpful summary from Children's Services.

## Next steps



We will all aim to align our comms, including the LBB carers e-bulletin, with the themes. Q2: wellbeing, Q3: cost of living Q4: respite and Direct payments.

Please promote widely, some bookings are low. To discuss how to manage the programme (eg: analysing feedback) at the next meeting.

The partnership to understand the eligibility criteria for parent carers and consider the assessment template at the next meeting.



## Plus:

CQC preparation discussed, the self-assessment is available via [ian.buchan1@bexley.gov.uk](mailto:ian.buchan1@bexley.gov.uk)

If printed copies of the papers are needed, please contact Ian at least one week prior to the meeting.

Our next meeting date is 15<sup>th</sup> September 10.00-12.00 online  
[vikkiwilkinson@carerssupport.org](mailto:vikkiwilkinson@carerssupport.org)  
[alison.rogers@selondonics.nhs.uk](mailto:alison.rogers@selondonics.nhs.uk)

Remember the Carers Partnership [website](#): info on support, events, resources including power of attorney, welfare benefits & carers rights.